



**Saturday
October 29, 2022**

APG Federal Credit Union Arena
Harford Community College
401 Thomas Run Road
Bel Air, MD 21015



The 4th MARYLAND GOVERNOR'S CUP TAEKWONDO CHAMPIONSHIP

Celebrating Taekwondo Day in MARYLAND



**National Level Tournament
Facility & Judging**

Weigh In Time: 8:00 – 8:45 AM
Championship: 9:00 AM – 4:30 PM
Opening Ceremony: 11:00 AM

For Information
Call: (443)243-4124
E-Mail: marylandtaekwondo@gmail.com
Tournament Director:
Senior Master Joseph Pirczhalski III

Hosted by: Maryland State Taekwondo Association
Honorary Co-Chair : Governor Larry Hogan and First Lady Yumi Hogan
Tournament Advisor: Grand Master Se Yong Chang
Tournament Director: Senior Master Joseph Pirczhalski III
Tournament Chairman: Senior Master Lee Henschel
Tournament Committee Chairman: Senior Master Chien Vuong
Maryland State President: Senior Master Yong Seong CJ Chang



*Tournament proceeds will be donated
to the Children's Cancer Foundation (CCF)*



2022 Maryland Governor's Cup Taekwondo Championships



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Info: (443) 243-4124 www.marylandtaekwondo.com

Letter from the Tournament Director

Greetings Taekwondo Members,

It has been a rollercoaster the last two years with Covid but I hope this message finds everyone in good health. I feel so lucky to be in your company as our Taekwondo family continues to show perseverance on a daily basis as we pivot and maintain a healthy lifestyle through Taekwondo. Everyone I have talked to has been itching to get back to competition safely this year. On that note, I would like to welcome everyone to the **2022 Maryland Governor's Cup Taekwondo Championship**. We were blessed to have this opportunity to present such a prestigious tournament that will continue the tradition of providing the finest in competition as well as refereeing and judging for the Maryland State Taekwondo Association. This remarkable tournament will be such an important event since proceeds from this tournament go directly to the **Children's Cancer Foundation (CCF)**.

On behalf of the Maryland State Taekwondo Association, it gives me great honor to announce this year's competition to officially mark the 7th year to celebrate **Taekwondo Day in the State of Maryland. Governor Larry Hogan and the First Lady will honor us with their presence and participation in this momentous occasion.**

We will have two categories of black belt divisions in 12-14, 15-17, & 17-32: World Class and Open Sparring. Daedo Sensor (2nd Gen) scoring will be available for black belt world class divisions in 12-14, 15-17 and 17-32 divisions and Daedo Trigger scoring for Open Sparring and all other age categories. Daedo Gen2 socks will be available for purchase on site.

We will also showcase a **3-man Tag Team Sparring High School** division which will consist of 3 black belt competitors 14-17 in age that will compete in a single elimination bracket at 1-5 minute round each. Within each singular 5-minute round match, any of the 3 competitors may tag in/out as many times as they would like. It will be an exciting showcase! Also, we will be presenting Grand Championship Cups to any athlete who wins Gold Medals in all 3 events: Forms, Board Breaking and Sparring!

Remember Taekwondo competition is an essential part of martial arts training. Competition allows you to put your individual skills to the test against another individual of similar experience and level. But keep in mind Taekwondo competition is ultimately a learning experience. And with every experience in life, you gain knowledge, strength, courage, and confidence. So, through your experience at this competition, you will become a better Taekwondo student overall.

Look forward to seeing all of you at this great tournament, so keep practicing and good luck.



Master Yong Seong CJ Chang
President of the Maryland State Taekwondo Association

"It's not whether you get knocked down; it's whether you get up."

-Vince Lombardi



Master Joseph Pirczhalski III
Tournament Director of the 2022
Maryland Governor's Cup Taekwondo
Championship



2022 Maryland Governor's Cup Taekwondo Championships



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GENERAL INFORMATION

- COMPETITION:** 2022 Maryland Governor's Cup Taekwondo Championships
- COMPETITION FEES:** 1) Sparring, Traditional & Sport Poomsae (Forms) & Breaking. **Pre-Register: \$80** for one events, \$20/each additional event. **On-Site Registration: \$100** for one event, \$20/each additional event.
- 2) Mail-in registration will be accepted but must be **Postmarked by October 21, 2022. Credit Card (VISA/MC/DISCOVER) payment is only accepted for Mail-in registration and NOT ON SITE.** There will be a \$10 processing fee incurred for all CC transactions. Only Cahiers checks, Money orders (**payable to MSTA**), or Pre-Approved School Checks will be accepted for Mail-in registration. **NO** Personal Checks Accepted!!
- Mail Applications to:** 2022 MD Governor's Cup
1101 Many Lane, Bel Air, MD 21014
- 3) On-site registrations will be accepted. **Credit Card Payments will NOT be accepted ON SITE. Only Cash, Cashiers check, money orders, or Pre-Approved School Checks accepted. NO** Personal Checks Accepted On Site!!
- TIME SCHEDULE:**
- | | |
|------------------|---|
| 8:00 – 8:30 AM | On-Site Registration & Pre-Registration pickup for all 12 & up |
| 8:00 – 8:45 AM | WEIGH IN – 12 & Above BLACK BELTS ONLY |
| 8:00 AM | Referee Meeting (MANDATORY) |
| 8:00 AM | Report Time for ALL DAEDO BLACK BELT Competitors |
| 9:00 AM | Report Time for ALL DIVISIONS 12 & up only |
| 10:30 – 11:00 PM | On-Site Registration & Pre-Registration pickup for all 11 & under |
| 11:00 – 12:00 PM | Opening Ceremony & High School Black Belt Tag Team Sparring |
| 12:00PM | Lunch |
| | Competition begins for ALL DIVISIONS 11 & under only starts immediately after Lunch |
- ADMISSION FEES:** \$10 (CASH ONLY) *Children 4 & under / 65 & over Free*
- COACHING:** Pre-Registration **\$30. On-Site \$50.** Applications will be available for Coaches to register at the door. 1 free Coach pass for (10) competitors or more. **(Only 1 free coach pass per School/Club)**
- COMPETITION RULES:** The current modified USAT & modified WTF competition rules will govern this championship.
- WEIGH-IN:** Weigh-In required only for Black Belts who are competing in the (12-14), (15-17) & (17-32) sparring divisions. **Weigh-in will take place on Saturday 10/29/22 at the venue between 8-8:45 AM.**
- MANDATORY EQUIPMENT:** All Sparring competitors must wear: white, red or blue headgear (red & blue headgear must be matched with chest protector color) and, red and blue reversible chest protector, forearm guard, shin and instep guard, groin cup (male only, worn inside) and mouthpiece. Each competitor must provide his or her own equipment. Some equipment will be sold at the tournament site. **12-14, 15-17 & 17-32 World Class Black Belt Divisions must provide their own Gen2 Daedo Socks.**
- COMPETITOR AWARDS:** Beautiful medals or Trophies will be awarded to:
Forms / Breaking: one 1st, one 2nd & one 3rd place winners. Sparring: one 1st, one 2nd and two 3rd place winners. Like the 2020-2021 Summer Olympic Games, we will be providing commemorative medals from 2020 to all winners for this event.
- GRAND CHAMPIONS GOVERNOR'S CUP** awarded to all 1st place winners in all 3 events: Forms/Breaking/Sparring divisions
- HEADQUARTERS HOTEL:** Holiday Inn Belcamp – **GROUP CODE TWG** (see last page)
1326 Policy Drive, Belcamp, MD 21017 - 410-272-1806



Competition Rules and Regulations

Sparring Competition Rules	
Age	Rules
11 & under	USAT/WTF Modified rules. No Head Contact for all belts except BB Ages (8-11) Junior Safety rules for Black Belts (ages 8-11)
12 - 14	USAT/WTF Modified rules. Junior Safety Rules for All Belts
15 - 17	USAT/WTF Modified rules. Junior Safety Rules for Color Belts Senior Rules for Black Belts
18 & up	USAT/WTF Modified rules. Senior Rules for All Belts

Important

Ages (12-32) Black Belt sparring Divisions ONLY:

Weigh-in required only for BLACK BELTS who are competing in the (12-14, 15-17 & 18-32) year old sparring divisions. Weigh-in will take place on Saturday, October 29 at the venue between 8am - 8:45am. Competitors will be allowed two opportunities to stand on the scale, during this time if unable make weight on the 2nd try, Competitors will be moved up/down to next weight divisions.

We will have two categories of black belt divisions in 12-14, 15-17, & 17-32: World Class and Open Sparring. **Daedo scoring will be available for black belt world class divisions in 12-14, 15-17 and 17-32 divisions** and Daedo Trigger scoring for Open Sparring and all other age categories. Gen2 Daedo socks will be available for purchase on site.

All Color Belts Divisions, Black Belt Divisions (11 & under), Black Belt Divisions (33 and up):

There will be **NO** weigh-in for All Color Belt divisions, Black Belt divisions (11 and under), or Black Belt divisions (33 and up.) You must enter your correct weight during your registration. If there seems to be a purposeful falsifying of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration will not be allowed to compete and be disqualified. (Competitors will not be moved up or down divisions due to this falsification).

***If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.

***Athletes ages 15 - 17 (**Sparring division ONLY**) may compete in their own division or an older age division for their respective weight.

***Athletes 33 years and up (**Sparring division ONLY**) have the option to compete in their own division or the 17-32 years old division for their respective weight.



Poomsae

ALL Taekwondo Forms will be allowed

Rank (Kub)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom-Dan: 1 - 2 - 3
Belt Colors	White/Yellow/Orange		Green	Blue/Purple	Red/Brown	Black
Poomse: Taeguk / Palgwae / Chang Hon / Pyung Ahn / etc..	Basic Form / 1 or 2		3 or 4	5 or 6	7 or 8	Any Black belt form such as Koryo, Keumgang, Taebaek, etc.

TRADITIONAL: Poomsae competitors must perform only the Poomsae designated for their specific rank. ALL Taekwondo poomsaes will be allowed. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Poomsae will be bracket competition like Sparring.

SPORT POOMSAE: Sport Poomsae will only be available in 12-14, 15-17, 18-40, 41-50, 51+ black belt divisions. Competitors in these age categories will have a choice to compete in Sport Poomsae or Traditional Poomsae. Competitors can compete in both forms events. Designated forms for Sport Poomsae are included in this document on the next page.

Sport Poomsae competitors are encouraged to wear appropriate Poomsae uniform with corresponding belt for their age division or a V-neck uniform with black collar.

Kuk-pa (Breaking)

1. Competitors must provide their own boards and holders.
2. **Only Pine Boards** will be allowed. **No** bricks, cinder blocks, or fruit.
3. Competitors can choose the kind of techniques and number of boards to break.
4. The maximum number of stations is 3 with 1-3 kicking techniques per station.
5. The maximum set-up time is 1 minute.
6. The maximum time to complete the performance is 1 minute.
7. The maximum number of tries is 2 times.
8. The performance must be done within the regulation ring size.

*** Boards will be available for purchase at the Venue. ***



2022 Maryland Governor's Cup Taekwondo Championships



Poomsae Draw Black Belts

Female	Cadet (12-14)	Junior (15-17)	Senior (18-30)	Under 40 (31-40)
Preliminary	Taegeuk 7	Taegeuk 6	Taegeuk 7	Taegeuk 6
Semifinal	Taegeuk 8	Taegeuk 5	Keumgang	Koryo
Final 1	Taegeuk 5	Taegeuk 7	Koryo	Keumgang
Final 2	Koryo	Taebaek	Taebaek	Pyongwon

Female	Under 50	Under 60 (51-60)	Under 65 (61-65)	Over 65 (66+)
Preliminary	Shipjin	Keumgang	Taebaek	Taebaek
Semifinal	Pyongwon	Jitae	Koryo	Jitae
Final 1	Taegeuk 8	Chonkwon	Jitae	Koryo
Final 2	Chonkwon	Shipjin	Chonkwon	Taebaek

Male	Cadet (12-14)	Junior (15-17)	Senior (18-30)	Under 40 (31-40)
Preliminary	Koryo	Taegeuk 5	Taebaek	Taebaek
Semifinal	Taegeuk 4	Koryo	Koryo	Taegeuk 7
Final 1	Taegeuk 8	Taegeuk 7	Pyongwon	Shipjin
Final 2	Keumgang	Taebaek	Shipjin	Pyongwon

Male	Under 50	Under 60 (51-60)	Under 65 (61-65)	Over 65 (66+)
Preliminary	Koryo	Koryo	Shipjin	Jitae
Semifinal	Pyongwon	Keumgang	Koryo	Shipjin
Final 1	Keumgang	Jitae	Keumgang	Koryo
Final 2	Jitae	Chonkwon	Pyongwon	Keumgang

Female Team	Cadet (12-14)	Junior (15-17)	Senior (18-30)	31 and Over
Preliminary	Taegeuk 6	Keumgang	Koryo	Pyongwon
Semifinal	Taegeuk 4	Taegeuk 7	Taegeuk 6	Taegeuk 7
Final 1	Taegeuk 8	Koryo	Keumgang	Jitae
Final 2	Keumgang	Taebaek	Pyongwon	Taebaek

Male Team	Cadet (12-14)	Junior (15-17)	Senior (18-29)	31 and Over
Preliminary	Taegeuk 8	Keumgang	Keumgang	Taegeuk 8
Semifinal	Taegeuk 4	Taegeuk 6	Koryo	Koryo
Final 1	Keumgang	Taegeuk 5	Taegeuk 6	Pyongwon
Final 2	Koryo	Taebaek	Shipjin	Chonkwon

Pairs	Cadet (12-14)	Junior (15-17)	Senior (18-30)	31 and Over
Preliminary	Taegeuk 6	Taegeuk 7	Taegeuk 8	Koryo
Semifinal	Keumgang	Taebaek	Taegeuk 6	Keumgang
Final 1	Koryo	Taegeuk 8	Shipjin	Pyongwon
Final 2	Taegeuk 4	Keumgang	Pyongwon	Jitae



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Mail To:
Maryland State Taekwondo
1101 Many Lane
Bel Air, MD 21014

**Must be Post Marked
No later than
October 21, 2022
for Pre-Registration**

COMPETITOR ENTRY FORM

(Please Print legibly)

ATHLETE INFORMATION

Athlete's Last Name:		First Name:		Middle Name:	
Street Address:					
City:		State:		Zip Code:	
Home Phone #		Cell Phone:		Email (Send information for events and seminars)	
Approximate Weight (LBS) :		Birth date: MM/DD/YY / /		Age:	Sex: <input type="checkbox"/> :M <input type="checkbox"/> :F

THE FOLLOWING IS REQUIRED TO BE ATTACHED TO THIS FORM (Athlete to check box indicating task is complete)

- : Liability Waiver form on back signed
- : Division Form with respective divisions competing in circled

I AM ENTERING IN THE FOLLOWING EVENTS (please circle)
(\$100 for One and \$20 for each additional Event on-site Registration)
 or
(\$80 for One and \$20 for each additional Event Pre-Registration)

TRADITIONAL FORMS SPORT POOMSAE PAIRS POOMSAE TEAM FORMS BREAKING SPARRING

RANK (Circle One)

WHITE-YELLOW-ORANGE / GREEN / BLUE-PURPLE / BROWN-RED / BLACK BELT-DAN RANK:

TAEKWONDO SCHOOL INFORMATION

Name of School :		School Address :			
City,	State	Zip Code	School Phone #		

ATHLETES ACKNOWLEDGEMENT

(Parent or Guardian must complete if competitor is 17 years or younger)

I have read, understood, signed and attached to this form the Liability Waiver form. The above information is true to the best of my knowledge.

Athlete Signature /Parent (Print and Sign) or Guardian(Print Name and Relationship, then sign)

Date: (MM/DD/YY)

Payment Information:

*Credit Card Payment is only applicable for Pre-Registration Only. You may make payment via Cash, Cashier's Check, Money Order or Credit Card for Pre-Registration. No Credit Card payment will be accepted On-Site. All Credit Card Transactions will incur a \$10 transaction fee.

Credit Card Number w/ Security Code:			Expiration Date:		
Signature:		Amount:		All Applications & Fees are Non-Refundable	
<input type="checkbox"/> : Cash	Amount:	<input type="checkbox"/> : Money Oder/Cashier's Check	Amount:		

Please Turn to back of THIS page. Must SIGN back in order to Process.

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK AND PARENTAL CONSENT AND INDEMNITY AGREEMENT

- In consideration of your acceptance of my participation or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2022 Maryland Governor’s Cup Taekwondo Championship, Master Joseph Pirczhalski III, Master Yong Seong Chang, APG Federal Credit Union Arena, and for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function including and not limited to Covid exposure as well. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death as well as Covid exposure. These risks and dangers may be caused by myself or the minor child’s own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I have read this agreement, fully understand it’s terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____
Participant’s Printed Name	Participant’s Signature	Date
_____	_____	_____
Parent/Guardian’s Printed Name	Parent/Guardian’s Signature	Date



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Traditional Poomsae (Forms) – All Ages

Age	7 & Under	8-9	10-11	12-14	15-17	18-32	33 & Up
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black
Gender	Male			Female			

Sport Poomsae for Black Belts Only

Age	12-14	15-17	18-30	30+
Rank/Belt	Black			
Gender	Male		Female	

Competitors can compete in both Poomsae divisions

Breaking – All Ages

Age	7 & Under	8-9	10-11	12-14	15-17	18-32	33 & Up
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black
Gender	Male			Female			

Team Forms

Age	All Ages
Rank/Belt	All Belts
Gender	All Gender

Open Sparring – All Ages

Age	4-5	6-7	8-9	10-11	12-14	15-17	33-39	40 & Up
Rank/Belt	White / Yellow / Orange		Green	Blue / Purple	Brown / Red		Black	
Weight	Light			Middle			Heavy	
Gender	Male				Female			

Daedo Sparring – Ages (17-32) Black Belts

Divisions	Men's Weight	Women's Weight
Fin/Fly	000.0 – 127.9 lbs.	000.0 - 108.0 lbs.
Bantam/Feather	128.0 – 149.9 lbs.	108.1 – 125.7 lbs.
Light/Welter	150.0 – 176.4 lbs.	125.8 - 147.7 lbs.
Middle/Heavy	176.5 - 999.9 lbs.	147.8 – 999.9 lbs.

Daedo Sparring – Ages (12-14) Black Belts

Divisions	Men's Weight	Women's Weight
Fin	000.0 – 72.8 lbs.	000.0 – 63.9 lbs.
Fly	72.9 – 81.6 lbs.	64.0 – 72.8 lbs.
Bantam	81.7 – 90.4 lbs.	72.9 – 81.6 lbs.
Feather	90.5 – 99.2 lbs.	81.7 – 90.4 lbs.
Light	99.3 – 108.0 lbs.	90.5 – 97.0 lbs.
Welter	108.1 – 116.8 lbs.	97.1 – 103.6 lbs.
Light Middle	116.9 – 125.7 lbs.	103.7 – 112.4 lbs.
Middle	125.8 – 134.4 lbs.	112.5 – 121.3 lbs.
Light Heavy	134.5 – 143.3 lbs.	121.4 – 130.1 lbs.
Heavy	143.4 – 999.9 lbs.	130.2 – 999.9 lbs.

Daedo Sparring – Ages (15 - 17) Black Belts

Divisions	Men's Weight	Women's Weight
Fin	000.0 – 99.2 lbs.	000.0 - 92.6 lbs.
Fly	99.3 – 105.8 lbs.	92.7 – 97.0 lbs.
Bantam	105.9 – 112.4 lbs.	97.1 – 101.4 lbs.
Feather	112.5 – 121.3 lbs.	101.5 – 108.0 lbs.
Light	121.4 – 130.1 lbs.	108.1 - 114.6 lbs.
Welter	130.2 – 138.9 lbs.	114.7 – 121.3 lbs.
Light Middle	139.0 – 149.9 lbs.	121.4 – 130.1 lbs.
Middle	150.0 – 160.9 lbs.	130.2 – 138.9 lbs.
Light Heavy	161.0 – 172.0 lbs.	139.0 – 149.9 lbs.
Heavy	172.1 – 999.9 lbs.	150.0 – 999.9 lbs.

Competitors cannot compete in two sparring divisions
 ALL DIVISIONS ARE SUBJECT TO CHANGE



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COACH APPLICATION FORM

Mail To:
Maryland State Taekwondo
1101 Many Lane
Bel Air, MD 21014

**Must be Post Marked
No later than
October 21, 2022
for Pre-Registration**

(Please Print legibly)

COACH INFORMATION

Coach's Last Name:		First Name:	Middle Name:
Home Street Address:			
Home City:		State:	Zip Code:
Home Phone # ()	Cell Phone: ()	Email (Send information for events and seminars)	
USAT COACH LEVEL:	Birth date: MM/DD/YY / /	Age:	Sex: <input type="checkbox"/> :M <input type="checkbox"/> :F

THE FOLLOWING IS REQUIRED TO BE ATTACHED TO THIS FORM (Athlete to check box indicating task is complete)

- : Code of Conduct
 : Waiver & Release of Liability, Assumption of Risk & Parental Consent & Indemnity Agreement

COACHING FEE (Pre-Reg) \$30.00 (On-Site) \$50.00

RANK (Circle One)

1st Dan 2nd DAN 3rd Dan 4th Dan 5th DAN 6th DAN 7th DAN 8th DAN 9th DAN

TAEKWONDO SCHOOL INFORMATION

Name of School :	Instructors Name :	School Phone # ()
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COACH ACKNOWLEDGEMENT

(Parent or Guardian must complete if 17 years or younger)

I have read, understood, signed and attached to this form the Code of Conduct and Liability Waiver forms. The above information is true to the best of my knowledge.

Coaches' Signature /Parent (Print and Sign) or Guardian(Print Name and Relationship, then sign)

Date: (MM/DD/YY)

OFFICIAL USE (COMPLETED BY OFFICIAL EVENT STAFF)

Waiver & Release of Liability, Assumption of Risk & Parental Consent & Indemnity Agreement

Cost: \$30.00 / \$50.00 : Cash : Money Order/Cashier Check : School Check (Pre-approved)

Event Staff Verifying Form : Print Last Name: _____ Sign: _____ Official Stamp: _____

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND PARENTAL CONSENT
AND INDEMNITY AGREEMENT**

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the Maryland State Taekwondo Association (MSTA), this athletic meet, its organizing committee, the 2022 Maryland Governor's Cup Taekwondo Championships, APG Federal Credit Union Arena, Harford Community College, and all members of this athletic meet, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners and lesser of premises on which the athletic meet takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connection with my association with or entry in the above athletic meet, or which may arise out of traveling to, participating in, and returning from this athletic meet. I understand that all entry fees are nonrefundable.

- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this athletic meet. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the athletic meet.

- I understand that the competition rules are based on the rules of the USAT & World Taekwondo. I agree to all the tournament competition rules and understand that any pictures and/or videos taken of me in connection with this Championships may be used by the organizer for publicity or promotion without compensation.

- I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name

Participant's Signature

Date

Parent/Guardian's Printed Name

Parent/Guardian's Signature

Date



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TOURNAMENT SITE DIRECTIONS



Directions

From South Of Campus (Baltimore, Washington, D.C.)

1. Take Interstate 95 N. to exit 80 Churchville (Rte. 543).
2. Travel north toward Churchville for approximately 6 miles to the traffic light at the intersection of Rte. 543 and Rte. 22.
3. Turn right on Rte. 22 and continue to the light at Thomas Run Road.
4. Turn left on Thomas Run Road.
5. The College campus is on the right.
6. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
7. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
8. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

From North of Campus (Elkton, Wilmington, New York)

1. Take Interstate 95 S to Exit 85 Aberdeen (HWY 22 West).
2. Travel Rt. 22 West to the light at Thomas Run Rd.
3. Turn right onto Thomas Run Rd.
4. The College campus is on the right.
5. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
6. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
7. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

Special Thanks to our Medical Staff



Bare Essentials Sports Medicine
Is pleased to support the Maryland State Taekwondo Association and local
tournament at Harford Community College

Special Thanks to our Vendors

AAMA All American Martial Arts Supply
The Discount Martial Arts Supplier

Web: <http://www.aamausa.com/>

ADDRESS: 22923 Quicksilver Drive Suite 101, Sterling, VA 20166

PHONE: 1-703-996-8750

BUSINESS HOURS: Mon-Fri 9:30am ~ 6:00pm



Company: i-Tiger TaeKwonDo

Contact: Mr. Bo Kwon

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**Holiday Inn Belcamp--
Aberdeen Area an IHG Hotel**
1326 Policy Drive
Belcamp, Maryland 21017
Eugene Morris Jr- General Manager
Email: emorris@hibelcamp.com



www.holidayinnbelcamp.com
Contact: Aisha Porter
Assistant General Manager/ Sales
Coordinator
Phone: 410-272-2929 ext-4002
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Accommodations/Features

"We're there. So you can be too."

- ✓ **" Thank you for 70 years of trusting us anytime you need to #BeThereIRL"**
- ✓ **107 Guest Rooms & Suites, Meeting Room, Restaurant, Bar & Public Area's**
- ✓ **Make your reservation for Corporate, Leisure or Group-Right Now!**
- ✓ Every guest room has a Microwave, Coffee Maker, Refrigerator, & we have some Suites for Short and Long Term Guest
- ✓ Free Wireless Internet and Indoor Pool
- ✓ Free Fitness Area & We have Coin Washers and Dryers for all our guest
- ✓ Smoke-Free Hotel & Sundry with best snacks
- ✓ 15 miles from White Marsh Mall
- ✓ Free Self-Parking available for all types of Trucks, Buses and Cars
- ✓ **Sign Up for IHG Rewards**-Earn points and redeem for free reward nights

Area Attractions

- Ripken Stadium – 6.2 miles
- Water's Edge Events Center – 2 miles
- M&T Bank Stadium – 31 miles
- The Maryland Zoo – 29 miles
- Orioles Park at Camden Yards – 32 miles
- Pimlico Race Course – 34 miles
- National Aquarium Baltimore MD---26 Miles